



## A Guide To Your Uniform

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# How to Measure Your Child With Fitting Hints & Tips

## SKIRTS

School skirts are sized by waist in inches. The size is described as (waist) 26 / 22 (length). For a kilt style skirt wrap a tape measure around the waist this should be just above the belly button. Add 1 to 2 inches to the measurement if you want growing room. Don't go too big as the hip measurement increases with the waist size. Use a waist adjuster if required to make the skirt a little snugger, or better still move the waist buttons on the kilt for a neat fit to the waist and hip tab if applicable. To check the length, measure from the waistline down the front to the knee area. Most skirts are required to be worn to around the knee area, for extra growing room you could go to the bottom of the knee. Some skirts are worn below the waist and sit on the top hip. Remember the hip is larger, it is not a waist measurement! it is very important not to roll a skirt with a zip as the zip will break. Larger waist sizes should wear a slightly longer length skirt to allow for correct fitting over the hip.

### HEIGHT

Measure from a level floor to the top of the head

### COLLAR

Measure around the base of the neck where the collar sits

### CHEST

Measure the chest at the fullest part placing the tape measure under the arms

### WAIST

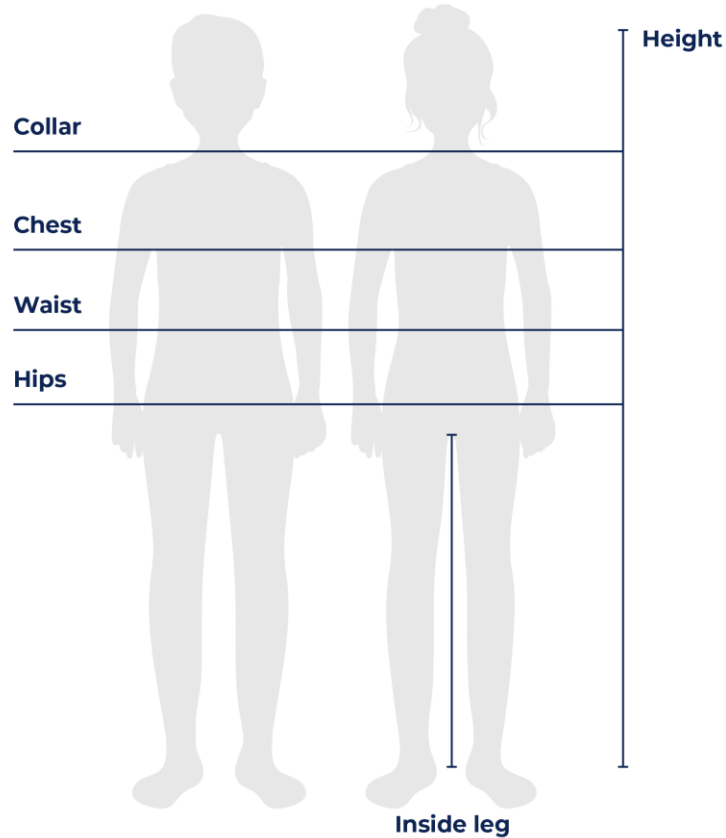
Measure around the waist at the natural waistline which is the smallest part

### HIPS

Measure around the hips at the widest part

### INSIDE LEG

Measure with shoes on from the crotch to where the trouser is normally worn



## TROUSERS

Trousers are designed to be worn on the natural waist or just below. Wrap a tape measure around the waist this should be just above the belly button. Do not increase the measurement too much as the hip and crotch measurement increases with the waist size. Use a waist adjuster / belt if available to make the trouser a little snugger. Most trousers are a classic slim fit and are straight cut between the ankle and the knee to enable them to be turned up with ease. When standing without shoes the trouser hem should at least touch the floor. Some loose fabric around the trouser ankle is acceptable for growing room. Skinny trousers are not permitted.

## BLAZERS

Blazers are measured in inches. Wrap the tape measure under the armpit and around the shoulder blades to measure the fullest part of the chest / bust in inches. The measure should be snug but don't puff the chest out. Just stand normally. If in between inches, it is advisable to go up to the next size. For growing room, we would suggest blazer sleeves should reach the knuckles, pinch an inch on each of the shoulders and buttons should be able to be done up comfortably.

## JUMPERS

Jumpers are measured in inches. A jumper would likely be the same size as the blazer unless it is to be worn on the larger size. Remember the jumper must fit under the blazer so the bigger you make the jumper, the more restrictive a blazer can be particularly around the under arm and arm area. Turn the jumper cuff under for added growing room

## SHIRTS/BLOUSES

A formal shirt is sized by collar size in inches and not chest measurement. Measure the neck in line with the bottom part of the Adam's apple. Allow for putting two fingers behind the tape where it crosses the Adam's apple to get the correct measurement. As the neck size increases on a garment, so too does the chest and shoulder measurement, so don't go too big otherwise the shirt will be baggy. Blouses are measured in inches. Use your chest measurement for your blouse. Make sure you allow extra room over the fullest part of the chest this will stop the buttons pulling.

# How to Measure Your Child With Hints & Tips

## SKORTS

Skorts are sized in inches and correspond to the waist only. So a 28/30 is a 28 to 30 inch waist. They are designed to be worn just below the waist skimming the belly button and not pulled up to the waistline. Whilst standing wrap a tape measure below the waist skimming the belly button and hold loosely. We recommend to add an inch or so to the measurement to allow for growing room. Skorts are elasticised at the waist. If bought too big they will feel uncomfortable as if they are falling down and the shorts underneath will be baggy.



## SHORTS

Unisex shorts are sized either by inches and correspond to the waist only. So a 28/30 is a 28 to 30 inch waist or they will be SML/MED/LGE. They are designed to be worn just below the waist skimming the belly button and definitely not pulled up to the waistline. Whilst standing wrap a tape measure below the waist skimming the belly button and hold loosely. We recommend to add an inch or so to the measurement to allow for growing room. Shorts are elasticised at the waist. If bought too big they will feel uncomfortable as if they are falling down. Many shorts have an internal waist tie cord.



## RUGBY SHIRTS

Rugby shirts are sized either by inches and correspond to the chest only. So a 28/30 is a 28 to 30 inch chest or they will be SML/MED/LGE. A fairly snug fit is recommended for a sublimated printed garment as opposed to a baggy style top. If the rugby shirt has long sleeves, one turn up is acceptable for growing room.



## PE TOPS/POLOS

The PE Top's are sized either by inches and correspond to the chest only. So a 28/30 is a 28 to 30 inch chest or they will be SML/MED/LGE. These can be fitted loosely with more growing room, more so than bottoms which need to be more fitted. Often sports tops are dual sized in inches. Beware of going too big as this may lose the shape of the garment a little.

## PE LEGGINGS

The leggings are sized either by inches and correspond to the waist only. So a 28/30 is a 28 to 30 inch waist or they will be SML/MED/LGE. They are designed to be worn at the waist or just skimming the belly button and worn either alone or under a skort. Whilst standing wrap a tape measure below the waist skimming the belly button and hold loosely. We recommend to buy slightly larger than your size to allow for growing room. Rucking up of fabric around the ankle is acceptable. Leggings are elasticised at the waist. If bought too big they will feel uncomfortable as if they are falling down or too loose around the leg.

## TRACK PANT/JOGGERS

The track pants are sized either by inches and correspond to the waist only. So a 28/30 is a 28 to 30 inch waist or they will be SML/MED/LGE. They are designed to be worn just below the waist skimming the belly button and definitely not pulled up to the waistline. Whilst standing wrap a tape measure below the waist skimming the belly button and hold loosely. We recommend to add an inch or so to the measurement to allow for growing room and possibly wearing shorts underneath. Track pants are elasticised at the waist. If bought too big they will feel uncomfortable as if they are falling down. Many have an internal waist tie cord.

# Uniform List & Care Guide

**Tiger Primary School Jumper** – 100% Acrylic Gentle\* machine wash, inside out at 40°C. Please use colour detergent. Do not iron. Cool tumble dry with care. Do not use fabric conditioner.

**Tiger Primary School Cardigan**– 100% Acrylic Gentle\* machine wash, inside out at 40°C. Please use colour detergent. Do not iron. Cool tumble dry with care. Do not use fabric conditioner.

**Tiger Primary School Tie** – 100% Polyester We recommend warm hand washing, but can be machine washed on a warm, extra gentle\* wash. Do not wring. Drip dry if possible, or cool tumble dry with care. Cool iron if needed.

**Tiger Primary Short Sleeved Shirt** – 65% Polyester, 35% Cotton Gentle\* 40°C machine wash. Cool tumble dry. Iron warm. Wash with similar colours.

Products	Size	QTY
Tiger Primary School jumper		
Tiger Primary School cardigan		
Tiger Primary School tie		
Tiger Primary School short sleeved shirt		
Tiger Primary School sweatshirt		
Tiger Primary School yellow PE t-shirt		
Tiger Primary School red PE t-shirt		
Tiger Primary School blue PE t-shirt		
Tiger Primary School green PE t-shirt		
Tiger Primary School bobble hat		
Tiger Primary School cap		
Tiger Primary School backpack		
Tiger Primary School PE bag		
Unbeatable VALUE white long sleeved shirts		
Unbeatable VALUE white short sleeved shirts		
Unbeatable VALUE white long sleeved blouses		
Unbeatable VALUE white short sleeved blouses		

**Tiger Primary Sweatshirt** – 80% Cotton, 20% Polyester Wash at 30°C on a synthetics wash. Cool tumble dry with care. Cool iron. Wash dark colours separately.

**Tiger Primary PE T-Shirt** – 100% Polyester Machine wash at 40°C. Do not tumble dry. Cool iron with care.

**Tiger Primary Cap** – 100% Cotton Sponge clean only.

**Tiger Primary Bobble Hat** – 100% Acrylic We recommend warm hand washing, but can be machine washed on a warm, extra gentle\* wash. Do not wring. Drip dry, do not tumble dry. Do not iron.

**Tiger Primary School Backpack and PE Bag** – 100% Polyester Sponge clean only

*\*Please note that a 'gentle' machine wash indicates a slow spin/lesser degree of agitation. A 'normal' or 'cottons' cycle will be too harsh and could cause damage.*





## How & Where to Buy



Online  
Click & Collect  
Fitting Videos  
Downloadable Guides



School Shops  
Check your school page  
for more information

### Tunbridge Wells



64 Calverley Road,  
Tunbridge Wells  
TN1 2UG  
Mon – Sat  
9am – 5.30pm

### Paddock Wood



3 – 5 Eldon Way  
Industrial Estate  
Tonbridge  
TN12 6BE  
Mon – Sat  
9am – 5.30pm

### Newnham Court



**Newnham Court  
Shopping Village**

Bearsted Road,  
Maidstone  
ME14 5LH  
Mon – Sat  
9am – 5.30pm

## Returns Policy

### **NON FAULTY RETURNS:**

We hope you are delighted with your uniform purchase, however if you would like to return it for whatever reason we will be happy to exchange the goods or offer you a refund within 8 weeks of purchase or if bought for the start of a term then 8 weeks from the start of that term, subject to the following conditions:

Returns require proof of purchase which can be in the form of a receipt if it was bought from a branch or an order ID number if bought online.

Garments will only be refunded if they are in saleable condition, the original packaging is intact and labels are present such as swing tickets, garment labels and sizing information. We do understand that garments will have been removed from packaging to try on.

Refunds for items returned to our Customer Service Centre will be made to you within 14 days of the date we receive the return.

Refunds for items returned to a School Shop or to Simmonds in Tunbridge Wells will be made at the time of your visit.

Refunds for products paid via PayPal will be passed to the Customer Services Centre to process

Refunds will be made by crediting your payment card account from which the money was originally debited. Purchases made by cash at a branch will be refunded in cash at a branch or by cheque if returned to the Customer Service Centre.

Returning an item is your responsibility and if you wish to return it to the Customer Service Centre rather than a branch we recommend getting a proof of postage document from your service provider.

If you are returning an on-line purchase please enclose the despatch paperwork and returns form which accompanied your online purchase.

### **FAULTY GOODS:**

The quality of our uniform is very important to us and we are very keen to address any faulty items. Returns require proof of purchase which can be in the form of a receipt if it was bought from a branch or an order ID number if bought online. If goods are faulty please notify us as soon as you become aware of the problem. If the garment has been worn please clean it before returning it to us. This is to ensure we comply with our Health and Safety policy and without cleaning we cannot process your claim. Once we have seen the garment or item that is faulty we will exchange, refund or if appropriate repair it. This will depend on the fault and how long ago it was purchased. If it is not possible to send replacement goods, we will ensure that the price of the goods and postage costs paid by you are refunded. Simmonds cannot be held responsible for the loss or non-delivery of returned merchandise, whether faulty or otherwise and we would recommend you obtain a proof of postage document from your service provider.